

Rebooting Your Life

Guest Opportunity: Jeanette Kildevaeld---Expert on resiliency, perseverance, life-coaching, confidence and spiritual healing, who is a #1 Amazon Best Selling Author of *"Your Are Worthier: A Guide to Improving Your Illness or Injury on the Road to Recovery."*

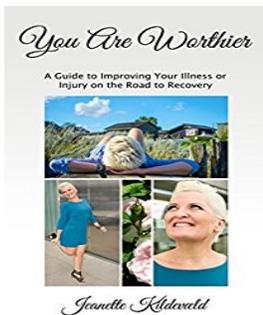
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Throughout life, it is inevitable that you're going to go through the seasons of loss. You're going to have storms of stress. You're going to have torrents of tragedy. Gales and gusts of grief. You're going to have floods of failure in your life. How do you recover and rebuild?

When those kinds of things come into your life, the typical question we always ask is why. Why is this happening to me? Why is this going on? What do you do when you've lost it all?

Some of you have lost a loved one. Or you've lost your job. Or you've lost your financial security. Or you've lost a dream – you've had a heartbreak. How do you rebuild your life?

Jeanette Kildevaeld uses her experiences to elaborate on rebuilding your life after an extreme event and gives her thoughts on how to remain resilient in the face of adversity.



Meet Jeanette Kildevaeld:

Jeanette Kildevaeld lives in the Danish Island Funen, also called "The Garden of Denmark" with her husband and two daughters. She enjoys writing columns, speeches and books to help others heal mentally and physically. She is a life coach and her spirituality allows her to connect with people and help them heal during sessions. When she isn't writing she likes to travel, run and to spend time with family and friends.

For more information visit....www.youareworthier.com/

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